



Wellbeing

I N S T R U M E N T S

ACTIVITIES RESOURCE- Year Level 5 & 6

For more information:

www.wellbeinginstruments.com.au

Activities Resource

Years 5 and 6

1. Advanced Pentatonic Techniques

- **Objective:** Master complex pentatonic techniques.
- **Activity:** Explore advanced playing techniques and applications of the pentatonic scale.
- **Victorian Curriculum Link:** *VCAMU026* - Apply advanced techniques and explore complex musical scales.

2. Complex Rhythmic Patterns

- **Objective:** Develop and play complex rhythmic patterns.
- **Activity:** Create and perform intricate rhythmic patterns on the Wellbeing Instrument.
- **Victorian Curriculum Link:** *VCAMU026* - Apply advanced techniques and explore complex musical scales.

3. Composition with Harmony

- **Objective:** Compose music incorporating harmony.
- **Activity:** Create a composition that includes harmonic elements using the Wellbeing Instrument.
- **Victorian Curriculum Link:** *VCAMU027* - Compose and perform music with harmonic complexity.

4. Understanding Cultural Music

- **Objective:** Investigate and perform music from various cultures.
- **Activity:** Study and perform music pieces from different cultures, focusing on their unique features.
- **Victorian Curriculum Link:** *VCAMU027* - Compose and perform music with harmonic complexity.

5. Improvisation Mastery

- **Objective:** Enhance improvisation skills with a focus on technique.
- **Activity:** Master improvisation techniques and apply them to performance.
- **Victorian Curriculum Link:** *VCAMU028* - Refine improvisation skills and techniques.

6. Music Performance and Analysis

- **Objective:** Perform and analyse complex musical works.
- **Activity:** Perform a complex piece and analyse its musical components.
- **Victorian Curriculum Link:** *VCAMU028* - Refine improvisation skills and techniques.

7. Music Production

- **Objective:** Explore music production elements.
- **Activity:** Use basic music production techniques to record and edit performances.
- **Victorian Curriculum Link:** *VCAMU029* - Explore and apply music production techniques.

8. Collaborative Music Creation

- **Objective:** Create music collaboratively.
- **Activity:** Work in groups to create and perform a collaborative music piece.
- **Victorian Curriculum Link:** *VCAMU030* - Collaborate on music creation and performance.

